



busy beats

MUSIC TEAM BUILDINGS

Beat Unit

Beat Unit

Musical Team Building with Rhythm

BOOM! – our interactive Power Team Building. Under professional guidance, the participants play together in a drum circle and react to rhythms that are spontaneously created. An impressive drum and percussion ensemble is created in no time at all - that releases unexpected energy, has a strong, motivating effect and is incredibly fun.

Benefits: Strengthens the team spirit. Promotes communication and cooperation skills and has a strong motivating effect.

Number of participants: up to 150

Duration: approx. 90 minutes

Skills needed: none



Course of Beat Unit:

- drum Circle Facilitator (moderator) greets the team
- rhythmic warm up exercises
- explanation of the provided instruments
- teaching of basic rhythms
- break (approx. 15 min)
- start of the Drum Circle – improvising and trying out rhythms
- by sitting in a circle and drumming together the participants then actively interact with each other

Additional services:

- video and photo documentary for the entire event



Contact

busy beats
a division of noisy Musicworld GmbH
Revaler Straße 99

10245 Berlin

Christian Brown
Operations Manager

Phone +49 30 54 71 97 36
Mobile +49 170 85 53 06 7

christian.brown@busy-beats.de
www.busy-beats.de

noisy Musicworld GmbH | Revaler Straße 99 | 10245 Berlin
Geschäftsführer: Christian Rüsenberg | Sitz: Berlin
Amtsgericht: Charlottenburg | HRB 90363 | USt-IdNr: DE 813764447



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