

Team Rock!

Unleash your creativity and refine your teamwork skills through music.

Join us for a unique experience where active listening, collaboration, and other essential business skills come to life. Guided by a professional music coach, participants will collaborate to compose an original song, perform, and record it using a full array of band instruments, including guitar, bass, keyboard, drums, and more.

This dynamic and impactful team-building activity is perfect for conferences, seminars, and meetings. It can also serve as an excellent Musical Warm-Up during particularly demanding periods, whether daily, weekly, or monthly.

Benefits: Relaxing for body, mind, and soul. Increases concentration. Suitable for all group sizes and musical levels. Encourages communication and cooperation. Involves all team members.



Number of participants: up to 18

Duration: 3 hours **Prerequisites:** none

Prices: starting at 1200€ (net)

Musical Warm-Up Process:

- Greeting the team and setting the tone with our coach
- Introduction to the instruments and the creative process (in groups)
- Creating, playing, and recording the tune!





Contact

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