

Musical Warm up

Musical team building with body percussion

Our icebreaker clears the way for successful teamwork. Under the professional guidance of a music coach, the participants make music with their own bodies. Sounds are produced by clapping, pounding, snapping and knocking. Rhythms are created and experienced together.

This effective and extremely efficient team-building exercise is suitable for congresses, seminars and conferences. In particularly challenging phases, the musical warm up is also recommended for daily, weekly or monthly use.

Benefits: Relaxes body, mind and soul. Increases the ability to concentrate. Suitable for all group sizes and musical skill levels. Promotes the willingness to communicate and cooperate. All team members are involved.

Number of participants: freely scalable

Duration: approx. 15-30 min.

Skills needed: none **Price:** 770 EUR (net)



Course of Musical Warm up:

- our coach greets and tunes/prepares the team
- sound generation with the own body (body percussion) and voice (body music)
- create rhythms together, make music together, have fun together





Location

Ever thought of having your team building take place in a professional music studio or an authentic live venue? Then busy beats in the House of Music in Berlin's trendy Friedrichshain district is just the place for you.

The House of Music is Berlin's creative hub for musicians and companies from the music industry. The Who is Who of the local and international music scene meets here. Take advantage of our professional infrastructure and enjoy the incomparable spirit of the house.

And best of all we can offer you special rates for this location.

However, if you want to let your teambuilding take place in your office, hotel or any place of your choice, we can make it happen. Inquire now.



Contact

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